



Veritee

Veritee Partners LLC

PO Box 90225, Sioux Falls, SD 57109 | 605-940-3868 | www.veriteepartners.com

Preventing Burnout and Promoting Wellbeing in Your Clinic

"There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in." Desmond Tutu

The burnout crisis forces us to study the root causes so that we can develop upstream approaches to preventing burnout and creating cultures of wellbeing. Learn from Mary Wolf of Veritee Partners LLC as she shares her wisdom from counseling and coaching dentists and their team members. Mary has worked with the SD Dental Association over the last three years to build the Be Well Program. This session is designed for the dental team.

Objectives:

- 1-Identify burnout symptoms based on research findings
- 2-Create wellbeing practices to implement in your clinic from the model of the US Surgeon General's framework on Workplace Mental Health and Wellbeing
- 3-Learn resources to help with mental health and wellbeing